Useful reading for Parents of Teenagers

Bliss, EV & Edmonds, G
A Self-Determined Future with Asperger Syndrome

Carr-Gregg, M
Adolescence: A guide for Parents
Princess Bitch Face
Real Wired Child
Surviving Adolescents

Deak, J
Girls Will Be Girls

Faber & Mazlish
How To Talk So Kids Will Listen and Listen So Kids Will Talk
Sibling Rivalry

Goleman, D
Emotional Intelligence

Gottman,
Raising an Emotionally Intelligent Child

Lantieri, L & Goleman, D
Building Emotional Intelligence

Livingstone
Too Soon Old, Too Late Smart

Pipher, M
Reviving Ophelia

Pollock & Van Reken
Third Culture Kids

Pollack, W
Real Boys

Seligman, M
Flourish
Authentic Happiness
Optimistic Child
Learned Optimism
What You Can Change…and What You Can’t

Shaywitz, S
Overcoming Dyslexia

Silverman & Weinfield
School Success for Children with Asperger’s Syndrome

Sohn & Grayson
Parenting Your Asperger Child

Thompson, M
Mom They’re Teasing Me

Thompson, M
Best Friends, Worst Enemies

Wiseman, R
Queen Bees and Wannabees